



Connexions is all about you

We want to make sure that we work for every young person living in Hampshire, the Isle of Wight, Portsmouth and Southampton.

If you are aged between 13 and 19 (or up to 25 for young people who have learning difficulties and disabilities) and think you have something to offer us, we want to hear from you. We are always looking for young people to tell us what we do well and what we could improve.

Check our website at www.connexions-southcentral.org or ask a Connexions PA about joining one of our young people's groups.

Where to find us

For centre opening times and outreach centres visit www.connexions-southcentral.org

Aldershot
Unit 6/7
Low Walk
Wellington
Centre
Victoria Road
Aldershot
GU11 1DB
Phone:
01252 324037

Andover
Winchester House
Winchester Street
Andover
SP10 2EA
Phone:
01264 352289

Basingstoke
Sun Alliance
House
37-41 Wote Street
Basingstoke
RG21 7NF
Phone:
01256 819576

Bordon
Bordon Youth
Centre
Mill Chase
Community
School
Mill Chase Road
Bordon
GU35 0ER
Phone:
01420 488235

Cosham
53A High Street
Cosham
PO6 3AX
Phone:
023 9222 1278

Eastleigh
24 High Street
Eastleigh
SO50 5LD
Phone:
023 8065 3619

Fareham
189-199 West
Street
Fareham
PO16 0TB
Phone:
01329 827504

Farnborough
39 Victoria Road
Farnborough
GU14 7PA
Phone:
01252 548434

Gosport
I-Stop
St Vincent
College
Mill Lane
Gosport
PO12 4QA
Phone:
023 9250 2456

Havant
1 George Court
11 North Street
Havant
PO9 1ET
Phone:
023 9248 4365

Isle of Wight
29 High Street
Newport
Isle of Wight
PO30 1SS
Phone:
01983 525927

New Forest
Claypits Lane
Applemore
Dibden
SO45 5TN
Phone:
023 8087 7960

Portsmouth
Connexions
at Go For It
Station Street
Portsmouth
PO1 1EQ
Phone:
023 9273 2450

Ringwood
5 Monmouth
Court
Southampton
Road
Ringwood
BH24 1HE
Phone:
023 8087 7960

Southampton
126 Above Bar
Street
Southampton
SO14 7DU
Phone:
023 8022 8557

Waterlooville
256 London Road
Waterlooville
PO7 7HG
Phone:
023 9226 7815

Winchester
4 St George's
Street
Winchester
SO23 8BG
Phone:
01962 877386

For a copy of this leaflet in Braille, large print or another language please call our head office on 01489 566990.



Our commitment to you


We want to make sure that the service we provide meets your needs. If you would like to make a particular comment, suggestion or complaint, please write to:


Pamela Charlwood
Chief Executive - South Central Connexions
West Wing - Eagle Point, Little Park Farm Road, Segensworth West, Fareham, Hampshire, PO15 5TD.

Or, visit our website and fill in an on-line comment, complaint, or compliment form.


 Website: www.connexions-southcentral.org

connexions direct

 Text: 07766 4 13 2 19

 Phone: 080 800 13 2 19

 Website: www.connexions-direct.com

 Opening Hours: Connexions Direct is available 8am to 2am seven days a week

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SOUTH CENTRAL

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Let's talk about Connexions



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SOUTH CENTRAL



What is Connexions?

We (Connexions) offer a service to all young people aged between 13 and 19 (or up to 25 for young people who have learning difficulties and disabilities).

We employ Personal Advisers (PAs) who are able to give advice and guidance on issues you may be faced with, whatever they are.

You can find PAs in schools, colleges and information centres across Hampshire, the Isle of Wight, Portsmouth and Southampton.



We want to make sure every young person has a positive and enjoyable life. To make sure we do this, we are working around five main priorities:

- ⦿ be healthy;
- ⦿ stay safe;
- ⦿ enjoy and achieve;
- ⦿ make a positive contribution; and
- ⦿ achieve economic wellbeing.

This handy guide will explain how we will support you in these areas and help you to achieve. Remember, it doesn't stop here.

Education and training

There are so many different qualifications and training opportunities out there. Choosing the right one can be tricky. Our PAs are experienced in a range of areas and will be able to discuss your options with you.

Whether you are interested in NVQs, A Levels, BTECs, degrees, e2e (entry 2 employment) or Apprenticeships, we can help.

You may even be entitled to financial support. If you are

16 and planning to continue learning after your GCSEs, you could be entitled to an Education Maintenance Allowance (EMA). An EMA could pay up to £30 a week straight into your bank account.

Careers

We can help you find your ideal job and give you help:

- ⦿ looking for a job;
- ⦿ writing a CV and a cover letter that will get you noticed; and
- ⦿ interview techniques, including how to get one and what to say.

Whatever questions you have about getting a job,

talk to us. Or, pick up the Connexions booklet 'Let's talk about getting a job' from your local Connexions Centre or visit www.connexions-southcentral.org.

Money

If money is stopping you from getting the best start in life, we want to know about it. Whether you need extra financial support while you are in school, college or university, or whether you are a single parent and not sure about what benefits you are entitled to, talk to us so that we can put you on the right track.

Relationships

Not all relationships are easy. Whether you are having problems at school, college, work or home, we will give you the confidential support and advice you need to deal with the issues and move on.

Health

Sometimes talking about health issues is embarrassing and not really the type of thing you want to discuss with someone else, especially when you're not really sure what the problem is. Our PAs can lead you to the right advice. Whatever your concern, talk to us and

we will do our very best to help.

Support with childcare

If you are aged between 16 and 19 and are thinking about starting a course at school or college but are worried about paying for childcare, we can help.

Talk to a PA about the support available for young people with children. We work with local childminding groups to make sure you get the very best care for your child while you are learning.

